

Kainalu Elementary School Breakfast and Lunch Menu

Breakfast is served from 7:10 – 7:40 a.m.

All menus include 1/2 pint of milk and are subject to change without notice

FEbruary 2012

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| | | 1 Papaya / Pine Chunks Cinnamon Roll <hr/> TERI CHICKEN STRIPS Noodles Edamame Succotash Apple Wedges WW Roll | 2 Orange Juice Pizza Pocket Toast <hr/> SOFT SHELL TACO Lettuce & Tomatoes Potato Rounds Fruit Cocktail Muffin | 3 Fruit Cocktail Turkey Links WW Waffle <hr/> OVEN BAKED CHICKEN Chopped Red Potatoes Normandy Vegetables Orange Wedges WW Roll |
| 6 Grape Juice Hawaiian Style Sausage Rice <hr/> CHICKEN STICKS Steamed Rice Broccoli & Carrots Apple Wedges WW Roll | 7 Fruit Cocktail Cheese Quesadilla Toast <hr/> SLOPPY JOE ON BUN Oven Potatoes Mixed Green Salad Peaches | 8 Hashbrown Log/Peaches Eggs, Scrambled Toast <hr/> EGG ROLL W/ FRIED NOODLES Rainbow Salad Fruit Cocktail WW Roll | 9 Pineapple Chunks Poultry Patty WW Pancakes Minis <hr/> PEPPERONI PIZZA Garden Salad Seasonal Fresh Fruit Jello Muffin | 10 Banana or Apple Breaded Chicken Dog Rice <hr/> KALUA PORK SANDWICH Oven Fries Cole Slaw Pineapple/ Mandarin |
| 13 Fruit Cocktail Cinnamon Snack Waffles Pork Patty <hr/> HOT DOG ON BUN Potato Smiles Veggie Sticks Peaches | 14 Banana / Apple Breakfast Pizza <hr/> CHICKEN PATTY W/GRAVY Steamed Rice Mixed Vegetables Pineapple Chunks WW Roll | 15 Peaches Turkey Links French Toast WW <hr/> CREOLE MACARONI Mixed Green Salad Apple Wedge French Bread | 16 Pine Chunks Chicken Breakfast Patty Banana Bread <hr/> TERIBURGER Lettuce Leaf Tomato Slice Potato Rounds Orange Wedges | 17 Apple Juice Hawaiian Style Sausage Rice <hr/> ROAST TURKEY Whipped Potatoes Green Beans & Corn Peaches Raisin Roll |
| 20 <hr/> PRESIDENT'S DAY | 21 Orange Juice Turkey Links WW Pancakes <hr/> CHICKEN NUGGETS Oven Fries Oriental Salad Peaches WW Roll | 22 Pine Chunks Pork Patty Fried Rice <hr/> BATTERED FRIED FISH Roasted Potatoes Rainbow Salad Frozen Fruit Juice WW Roll | 23 Banana Mini Frank Slider <hr/> BEEF STEW Steamed Rice Apple Wedges Biscuit | 24 Fruit Cocktail Bagel Cream Cheese <hr/> ORIENTAL CHICKEN Steamed Rice Edamame Succotash Pineapple Chunks WW Roll |
| 27 Pine Chunks Hot Dog Cereal <hr/> CHICKEN PATTY Whole Wheat Bun Lettuce Leaf Seasoned Fries Orange Wedges | 28 Orange Wedge Hashbrown Log Pork Patty/ Cheese English Muffin <hr/> BAKED SPAGHETTI Romaine/Cabbage Peaches French Roll or Bread | 29 Fruit Cocktail Poultry Patty French Toast <hr/> CORN DOG Oven Potatoes Veggie Sticks Banana WW Roll | 1 Peaches Pancake Sausage Stick Toast <hr/> MEATLOAF schoolmade Whipped Potatoes Garden Salad Apple Wedge WW Roll | 2 Apple Juice Hawaiian Style Sausage Rice <hr/> KALUA PORK & CABBAGE Steamed Rice Pineapple Chunks Portuguese Sweet Roll |

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